



SingWell's 2022 Symposium

Friday, November 11, 2022 || Toronto Metropolitan University

EVENT AGENDA

All times listed are Eastern Standard Time (GMT -5.00)

- 10:45 AM – 11:30 AM** Registration for in-person attendees (105 Bond Street, Toronto)
- 11:45 AM – 12:00 PM** Welcome and opening remarks from SingWell's Project Director Dr. Frank Russo and Chief Researcher Dr. Arla Good
- 12:00 – 12:45 PM** Keynote speaker: Dr. Stephen Clift, *Canterbury Christ Church University*
"Singing, wellbeing and health: the need for robust critique in evidence reviews"
- 12:45 – 2:00 PM** Reflection (lunch break)
- 2:00 – 2:45 PM** Research Presentations, Part I
Dr. Jane Gosine, *Memorial University*
"Adapting to online group singing in support of wellbeing"

Timothy Brennan, *Memorial University*
"Why are health choir members motivated to join and continue their participation?"

Dr. Louise Drouin, *University of Sherbrooke*
"Effects of an online and in-person (hybrid) group-singing program for older adults with breathing disorders on lung health, functional capacity, cognition, quality of life, communication skills, and social inclusion"
- 2:45 – 3:00 PM** Short break

AGENDA CONTINUED BELOW

The SingWell Project is supported in part by funding from the Social Sciences and Humanities Research Council, the GRAMMY Foundation®, and Toronto Metropolitan University.

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3:00 – 4:00 PM

Workshop: Knowledge Mobilization Fundamentals for Research

Presented by Taylor Maclean, Creative Lead at Toronto Metropolitan University's Centre for Communicating Knowledge

4:00 – 4:15 PM

Short break

4:15 – 4:45 PM

Research Presentations, Part II

Dr. Dawn Merrett, *University of Montréal*

“How important is the ‘group’ in group singing? An unbiased investigation of group singing benefits for well-being”

Dr. Annabel Cohen, *University of Prince Edward Island*

“Singing skills in persons with Parkinson’s Disease”

4:45 – 5:00 PM

Short break

5:00 – 5:45 PM

Research Presentations, Part III

Dr. Chi Lo, *Toronto Metropolitan University*

“Exploring a multi-site hearing loss study”

Alexander Pachete & Dr. Arla Good, *Toronto Metropolitan University*

“The (bio)psychosocial benefits of virtual group singing using low-latency technology”

Dr. Gemma Perry, *Macquarie University*

“Assessing the benefits of chanting for individuals with breathing disorders”

5:45 – 6:00 PM

Closing remarks

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